



AUSTRALIAN
ATHLETICS

PATHWAYS TRANSITION PROGRAM 2025

WHAT IS PTP?



- Initially launched in 2023, the Pathways Transition Program (PTP) aimed to support ~20 pre-categorized athletes, and their coaches, in their development by providing performance planning and performance support
- Of 10 individual medalists at the 2024 World Under-20s, 5 were, or had been on PTP, and all were supported by AA or our partners in some capacity, as were the majority of 4th-8th finishers
- Since PTP, we went from 7th to 2nd on the World Under-20 Placing Table
- Based on this success, we're keen to expand the program!

WHAT DOES A BIGGER PROGRAM LOOK LIKE?



- Up to 100 athletes supported in some capacity:
 - PTP Core (~40 athletes)
 - PTP Relays (~20 athletes)
 - PTP Target 2032 (up to 20 athletes)
 - PTP Overseas Athlete (up to 20 athletes)

WHAT DO ATHLETE/COACHES GET?



- Access to key performance support services:
 - Sports Medicine
 - Sports Physiotherapy
 - Biomechanics
 - Sports Psychology
 - Sports Nutrition
 - Physiology
 - S&C
 - Skill Acquisition
 - Athlete Wellbeing & Engagement

WHAT DO ATHLETE/COACHES GET?



- Travel assistance budget to support attendance at camps and key competitions
- Coach development opportunities
- A National PTP Camp

- Target 2032 Talent Transfer athletes only – Talent Transfer camp
- Relay athletes only – support to attend relay camps

WHAT DO ATHLETE/COACHES GET?



Overseas Athletes:

- Targeted remote performance support
- Financial support for physio and S&C when in Australia

TARGET 2032



Talent Transfer

- Where can we dedicate our resources to best explore event group opportunities we might have?
- We have lots of 400m runners, but not many 400m hurdlers making teams/finals
- We have lots of middle-distance runners, but not many steeplechasers making finals
- Is there a way to recycle talent here?
 - This isn't a second chance – it's a chance to explore a new opportunity for success!

Target 2032 : TALENT TRANSFER



What are we looking for?

- 400m runners interested in a new challenge (noting that 400m hurdlers can form a crucial part of relay teams)
- 800m – 5000m runners looking to move to a new event
- Up to 20 athletes will be selected from those who express their interest.
- Training for the new event should assist performance in the initial event

What do you get out of it?

- A level of support similar to PTP
- A new challenge
- Coach development opportunity
- 2 x camps

Target 2032: Event Projects



Targeted event projects:

- National Event group panels will have the opportunity to propose a project that would assist in achieving the HP aims for 2032 and develop event specific capabilities to achieve top 16 performances in all events.

WHO CAN GET SELECTED?



- Read the Selection Policy on the website to see whether you're eligible
- Read the Terms of Reference to understand what you're committing to:
 - Completing an annual plan with personal coach and AA PTP Staff member
 - Undertaking a mid-year review
 - Attending PTP National Camp (not overseas athletes)
 - Relay athletes – attending relay camps
 - Note that, almost exclusively, 100-400m runners will only be considered for Relay PTP, unless they are based overseas.
 - Talent Transfer – commit to competing in the transfer event, and attend PTP Talent Transfer Camp
- Submit your expression of interest to be considered for selection