

# AUSTRALIAN ALL SCHOOLS CHAMPIONSHIPS

## RELAY TEAM Substitution



MEN:	U/18	U/16	U/14
WOMEN:	U/18	U/16	U/14

EVENT NO:

EVENT TIME:

EVENT:	4 x 100	4x200	4 x 400
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STATE:

### SUBSTITUTION

OUT: Competitor Number / Competitor	IN: Competitor Number / Competitor

COMPETITOR NUMBER	COMPETITOR (Same running order with substitution)
1	
2	
3	
4	

Team Manager Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ am / pm

TIC Manager Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_