



Raise the Bar Academy 2019

Are you an Aboriginal or Torres Strait Islander
Secondary School Student?

Are you in Year 10, 11 or 12 in 2018?

Do you love Athletics?

Are you passionate about sport?

Do you aspire to go to university?

YES, YES, YES

Then the Raise the Bar Academy is for you!



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What is Raise the Bar Academy?

Raise the Bar Academy is an exciting residential camp program specifically for Australian Indigenous secondary school students in years 10, 11 and 12 who aspire to participate in athletics and study at university. For the fifth consecutive year, Athletics Australia and the University of Melbourne will once again partner to host the Raise the Bar Academy (RTBA).

As a senior Indigenous secondary school student...What's in it for me?

- Get on track to start the school year right
- Be inspired by peers just like you
- Meet new friends
- Learn from some of Australia's best athletes who are excelling in all areas of their lives, not just in the sports arena
- Find out how to pursue University education at Australia's leading academic and research institution, The University of Melbourne
- Train with the best in athletics

The Raise the Bar Academy will give you a great start to the school year by supporting you in your efforts to "raise the bar" in every aspect of your life. This residential camp will help you elevate your ambitions to pursue a university degree and continue participating in athletics.

The FREE program, including air travel, ground transfers, accommodation and meals, consists of a four-day summer residence camp at the University of Melbourne, VIC, from **13-18 January, 2019**.

By participating in the program, RTBA participants will:

- Gain knowledge and skills in athletics - (track and field) as both an athlete and a coach
- Develop their community leadership potential and deepen their passion for athletics and sport
- Be inspired to successfully complete secondary school and pursue further education
- Gain knowledge and skills to pursue tertiary education pathways
- Be mentored by current Australian Olympians and elite athletes
- Connect with sports industry professionals
- Establish links with other students so they can share knowledge and experience
- Meet new friends
- Have fun

Raise the Bar Objectives

1. To inspire and develop the capacity of Aboriginal and Torres Strait Islander secondary school students to pursue lifelong participation in and enjoyment of athletics.
2. Expose Indigenous secondary school students to education pathways offered at the University of Melbourne.

Raise the Bar Vision

Raise the Bar participants will return to community determined to continue their education beyond secondary school; participate in athletics as a life-long pursuit; be proud about their cultural heritage and excited about their potential.



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What will I experience at the Academy?

Athletics

Training sessions with some of Australia's elite track and field athletes

- The ABC's of Coaching Athletics
- Interact with sports industry professionals
- Excursion to the National Sports Museum at the Melbourne Cricket Ground (MCG)
- Yarning with Olympians
- Fundamentals of strength and conditioning
- Mentorship from elite athletes

University Pathways

- Pathway program information for indigenous students, presented by Murrup Barak
- Mentorship by current university student-athletes
- Accessing the Elite Athlete Program resources at the University
- Campus walking tour with current Melbourne University student-athletes
- Hands on educational experiences in various Melbourne University facilities

Key Selection Criteria

Up to 35 participants will be selected to attend the prestigious **Raise the Bar Academy**. Program participants must meet the selection criteria outlined below:

1. Identify as an Aboriginal or Torres Strait Islander
2. Be in Year 10, 11 or 12 in 2018
3. Be 15-19 years of age at 1 January 2019
4. Demonstrated interest in pursuing further education beyond secondary school
5. Demonstrated community leadership skills
6. Demonstrated interest in the sport of athletics

We encourage applications from:

- Indigenous para-athletes and students with a disability
- Students who consider themselves from low socio-economic backgrounds or living in remote areas

Application Process

To participate in the Raise the Bar Academy, students must be nominated by a representative from their school or sports club. Applicants must complete and submit the application form online using the link below by **4pm on Monday 29 October 2018**.

Click the link below or visit the following address to complete the online application form:

[ONLINE APPLICATION FORM](#) or <https://bit.ly/2MGFD0Q>

For further inquiries or to request a printable application form via email or a hard copy via post, please contact Athletics Australia's Diversity and Inclusion Manager via email raisethebar@athletics.org.au or on (03) 8646 4550



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Frequently Asked Questions

Where is the Raise The Bar Academy held?

The Raise the Bar Academy is held at the University of Melbourne, in the heart of the city of Melbourne, Victoria. Students will be housed at one of the University's on-campus residential colleges.

Who will pick me up from, and return me to Melbourne Airport?

Upon arrival in Melbourne, Raise the Bar Academy staff will meet you at a designated place at Melbourne Airport. Before you leave home, we will ensure that you understand how and where to meet designated staff. We will provide you with contact information to Academy staff in the case that your flight is delayed or if you have concerns during the commute. Once on the ground in Melbourne, we will assist you in collecting your luggage and transport you to the University. At the end of the camp, you will once again be transported by bus to the airport where program staff will assist you with check-in procedures and ensure that you find your departure gate in plenty of time for you to board your flight.

What adult-supervision is provided for my child?

Around-the-clock supervision will be provided to your child as soon as contact has been made with him/her upon arrival in Melbourne. Residence managers will be assigned to students for the duration of the Academy. All program staff have completed Working with Children background checks.

What type of student are we looking for?

We are looking for senior Indigenous Secondary School students who are passionate about athletics and determined to complete secondary school and have aspirations to pursue tertiary education.

When is the application deadline?

4pm on Monday 29 October 2018

When will I know if I am selected for the program?

Applicants will be notified of the outcome of their application by the end of November 2018.

I have already applied to RTBA in previous years but didn't get selected. Can I apply again this year?

Absolutely!

How do I apply?

Apply by completing the [ONLINE APPLICATION FORM](#) or visit <https://bit.ly/2MGFDoQ>

Online applications are preferred, but email or paper are acceptable. If you are having trouble using the online application, please contact Athletics Australia for assistance.

Who can I speak to for more information?

Contact the Diversity and Inclusion Manager on (03) 8646 4550 or raisethebar@athletics.org.au

Program Partners: About Us

Athletics Australia

Athletics Australia is the national governing body for the sport of athletics in Australia. Athletics Australia oversees delivery of the Athletics for the Outback program, which aims to support remote and regional communities in their efforts to manage and deliver athletics programs and events. At AA, we recognise that secondary school students are the next generation of sports industry experts whom we must support and cultivate in our efforts to grow the sport of athletics in Australia. Athletics Australia is based at Athletics House in the Melbourne suburb of Albert Park. Athletics Australia is a not-for-profit organisation.

Melbourne University Sport

Melbourne University Sport (MU Sport) is a semi-autonomous department of the University, reporting to the Provost and the Melbourne University Sport Board, and provides high-level policy, business and financial advice to the University on the development and management of sport and recreation.

Sport has a special significance for the University through the performance of sporting clubs, teams and high profile athletes that enhance the reputation of the University. The Vision for Sport is that the University of Melbourne is the leading Australian university in sporting performance, participation and quality of facilities.

The Elite Athlete Program at the University of Melbourne engages many elite and emerging student-athletes with various levels of support in their sporting and academic pathways. We are committed to assisting aspiring secondary school student-athletes in their ambitions to study at university and participate in the highest levels of their chosen sport.



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APPLICATION FORM - 2019 RAISE THE BAR ACADEMY

Applicant's Full Name:	Click or tap here to enter text.	
Gender:	Male <input type="checkbox"/>	Female <input type="checkbox"/>
Date of Birth:	Click or tap to enter a date.	
As which of the following do you identify?	Australian Aboriginal <input type="checkbox"/>	Australian Torres Strait Islander <input type="checkbox"/>
Do you identify as a Para-Athlete?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
	If you answered yes, in which classification (if known?) Click or tap here to enter text.	
Home Residential Address:	Click or tap here to enter text.	
Town/Suburb:	Click or tap here to enter text.	
State:	Choose an item.	
Postcode:	Click or tap here to enter text.	
Nearest Air Travel Departure Port:	Click or tap here to enter text.	
2018 School Year Level:	Click or tap here to enter text.	
Name of Secondary School:	Click or tap here to enter text.	
Enrolment Type:	Day student <input type="checkbox"/>	Boarder <input type="checkbox"/>
Secondary School Address:	Click or tap here to enter text.	
Applicant's Email Address:	Click or tap here to enter text.	
Applicant's Mobile Phone Number:	Click or tap here to enter text.	
Parent/Caregiver's Name:	Click or tap here to enter text.	
Parent/Caregiver's Phone (H):	Click or tap here to enter text.	
Parent/Caregiver's Phone (M):	Click or tap here to enter text.	
Parent/Caregivers' Email Address:	Click or tap here to enter text.	
Nominator's Name:	Click or tap here to enter text.	
Preferred method of communication (please select at least two):	Applicant Phone <input type="checkbox"/>	Applicant Email <input type="checkbox"/>
	Parent Phone <input type="checkbox"/>	Parent Email <input type="checkbox"/>
	Nominator Phone <input type="checkbox"/>	Nominator Email <input type="checkbox"/>



Please respond to each of the following questions. Please use no more than 100 words.

Tell us about your involvement, interest in and passion for athletics. This could include your participation as an athlete, coach, official or event volunteer.

Click or tap here to enter text.

What are your education aspirations towards completion of Year 12 and tertiary studies?

Click or tap here to enter text.



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In which leadership roles within your school, sport and/or community have you been involved?

Click or tap here to enter text.

Tell us why you should be selected to attend the 2019 Raise the Bar Academy

Click or tap here to enter text.



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NOMINATOR'S DETAILS - 2019 RAISE THE BAR ACADEMY

Nominator's Full Name:	Click or tap here to enter text.
Nominator's Phone (work):	Click or tap here to enter text.
Nominator's Phone (mobile):	Click or tap here to enter text.
Nominator's Email Address:	Click or tap here to enter text.
Position in School/Sports Club:	Click or tap here to enter text.
Relationship to Student:	Click or tap here to enter text.

Please respond to each of the following questions. Please use no more than 200 words.

Please tell us about this student's ambition to attend university

Click or tap here to enter text.



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Please tell us about this student's participation or interest in Athletics

Click or tap here to enter text.

Please provide examples where this student has demonstrated leadership in their school, sport and/or community

Click or tap here to enter text.



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May we contact you if we have further questions?

Click or tap here to enter text.

Nominator's Responsibilities

As the person nominating the applicant, Academy staff will rely on your effective communication with the student to ensure successful participation in the Academy. You will be the main point of contact in assisting the student to prepare for the Academy. Please review and sign the Nominator's Responsibilities below.

As the nominating person, I understand the following:

- Whilst Athletics Australia and Melbourne University Sport will arrange student travel and accommodation for the Academy, I understand that it is my influence in the form of regular check-ins, encouragement and communication with parents that will significantly impact the student's attendance in the Academy
- It is my responsibility to ensure that ALL application and registration forms are completed correctly and submitted on time. If the applicant is successful in his/her application, he/she will be sent a registration packet including a parent/caregiver consent form, personal and medical emergency information, etc
- The transport of the student to meet organised travel/transport for the Academy is my responsibility. This may include my ensuring parents drop off/pick up student from airport, helping student check-in, advising student about what to pack, and ensuring he/she understands procedures for meeting Academy staff at Melbourne Airport upon arrival.
- Upon successful admission into the Academy, Academy staff will be in contact with you and the student to make travel arrangements and assist with personal needs.

Signed: (type name) *Click or tap here to enter text.* Date: Click or tap to enter a date.

Submitting the Application

Please email or post completed applications to:

Diversity and Inclusion Manager, Athletics Australia
raisethebar@athletics.org.au

OR

Post your application form to:

Raise the Bar Academy

Athletics Australia
Level 2, 31 Aughtie Drive
ALBERT PARK VIC 3206

APPLICATION DEADLINE: 4pm on Monday 29 October 2018.



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