

High Performance Newsletter

October 2015

Message from the High Performance Director

Most of you are deep in training for what will be an exciting 2016 Australian athletics season.

While you train, 48 of our best para-athletes will be competing as the Australian Flame at the IPC Athletics World Championships in Doha (QAT). I'm sure that you join me in wishing them the best of luck.

The Olympic Nomination Policy for Rio 2016 has been released. Links to view and download this most important document are available below. I strongly encourage all athletes and their coaches to read and understand this Policy, with questions to be directed to our High Performance team on (03) 8646 4550.

Additional information is also provided about other Selection Policies for events to be held in 2016.

Athletics Australia's High Performance Department has also been busy away from the field of play.

The offer of National Athlete Support Structure membership has been extended to 72 able-bodied athletes, with this to be extended to include para-athletes at the conclusion of their world championship event this month. Further details are available by [clicking here](#).

This process follows the first six months with **Craig Hilliard** as Head Coach, the commencement of work by **Alison Campbell** as our High Performance Services Manager and a change of position for **Nicky Frey**, who now works as our NASS Transition Manager.

Daniel Coleman and **Mike Barber** have also been appointed as Apprentice Coaches, based at the Australian Institute of Sport where they will be mentored by Hilliard, while **Adam Larcom** is the new Gold Coast GOLD Relay Coordinator and **Rod Griffin** the National Junior Coach for Endurance.

Further information on these staffing updates are available below in this newsletter.

We are in the process of recruiting the Junior Coach Coordinator, to replace the position that Frey left vacant, and the Gold Coast GOLD Endurance Coach to be based at the NSWIS. Further information will be provided as it comes to hand.

Yours in athletics,

SIMON NATHAN

High Performance Director
Athletics Australia



Olympic Games: Rio 2016 Nomination Policy

We have published the *Nomination Policy* for the *Rio 2016 Olympic Games* on 5-21 August 2016.

To view and download this document, please [click here](#).

We will be distributing more information through this newsletter about the Olympic Games (and Paralympic Games) over the next few weeks and months.

One important thing to note is that the Australian Olympic Committee is changing its rules on Olympic Village guest passes. Guest passes will only be distributed to support performance and will not be allocated to friends and family.

Alternative meeting places, exclusive to Australia, will be available near the village. We will offer further information on this as it comes to hand, but for the moment please be sure to watch this space so that you can plan appropriately.

Other Selection Policies

Selection Policies for other representative events in the very busy 2016 calendar are in the process of being approved.

We will publish these policies on our website as soon as possible and also update you in this newsletter. Policies that we expect to publish soon are:

- IAAF World Indoor Championships
- IAAF World Junior Championships
- IAAF World Half Marathon Championships
- FISU World University Cross Country
- IAAF World Race Walking Cup
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Australian Athletics Season, incorporating Australian Athletics Tour & Australian Athletics Championships

The dates and venues for the 2015/2016 Australian athletics season have been released and are available [here](#).

The event grid, travel funding information and other information relevant to athletes and coaches who will compete will be issued as soon as possible.

Athletics Australia Staffing Updates

Craig Hilliard and **Alison Campbell**, as Head Coach and High Performance Services Manager respectively, have been working in their roles for almost six months. To read more about Hilliard and Campbell and their new roles, please [click here](#).

Nicky Frey has commenced as the NASS Transition Manager. Frey will support Hilliard as an Athlete Performance Advisor (APA) and will provide particular expertise in managing athletes as they join or leave the program. Frey will also assist us in working more closely with NASS athlete support networks (friends, family etc.) to help them help their athletes.

To cover her role as National Junior Coach for Endurance we have recruited **Rod Griffin**. More information is available by [clicking here](#).

We have also appointed two part-time apprentice coaches to be based in Canberra; **Mike Barber** (Apprentice Coach - Field) and **Daniel Coleman** (Apprentice Coach - Walks).

These young coaches will be mentored by Hilliard and his former athletes will join their coaching groups. Over time we expect these coaches to build even bigger and more successful squads. To read more about Barber and Coleman please [click here](#).

Thanks to financial support from the Australian Commonwealth Games Association as part of their Gold Coast GOLD Program we have been able to create a relay program aimed at 2018. It will be led by **Adam Larcom**, with more information [here](#).

At the time of writing we are still in the process of recruiting a Gold Coast GOLD Endurance Coach to be based at NSWIS (who have also contributed financially and in-kind for this position).

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