

# High Performance Newsletter – June 2013

## Introduction by Simon Nathan:

The global championships season is starting in earnest now. I am writing immediately after the annual Mannheim U20 meeting where a select group of Australian U20's have put in some good performances and learnt a huge amount about themselves and their sport along the way.



Next up is the World University Games (in Kazan Russia) which unfortunately I won't be able to watch and the World U18 Championships (in Donetsk in the Ukraine). Both meetings are great opportunities for our younger athletes to gain some experience and show what they can do. I fully expect some of the University Games athletes to qualify for the World Championships and swell our team in Moscow.

The Para-athlete's holding camp starts in early July in Nottwil (Switzerland). From there they will go to the IPC World Championships in Lyon, France. This will be the first IPC Worlds the year immediately after a Paralympics so nobody really knows what standard to expect in Lyon, but we are sending a very strong team and expect to come home with a bunch of medals as well as new personal bests and season bests.

The summer wraps up with the IAAF World Championships holding camp in Tonbridge (England) followed by the Championships in Moscow, Russia. This Worlds will be a great opportunity for a new order to establish itself as the leading group of athletes fighting for success in Rio – but don't count out the established stars either as they show why we call them "stars".

The team staff for all of these events are listed on the AA website at:

[http://www.athletics.com.au/home/news/news/2013/may/athletics\\_australia\\_appoint\\_te](http://www.athletics.com.au/home/news/news/2013/may/athletics_australia_appoint_te)

All in all it should be a very exciting few weeks and I wish every athlete in an Australian vest the very best, do yourself and the country proud!

### **Simon Nathan**

High Performance Director

To be added to the distribution list for this newsletter please email

[carol.grant@athletics.org.au](mailto:carol.grant@athletics.org.au) including your name and email address.

## IAAF World Championships

The final selection for the Championships is **29th July 2013**.

All qualified athletes have now been contacted about preparation funds. If you are still unsure contact Nathan Sims as soon as possible.

The IAAF have confirmed that our team will be housed in the Moscow Crowne Plaza. This is very good news for our team as it is definitely the best of the team hotels on offer. The hotel's address is: Crowne Plaza Moscow World Trade Centre Hotel, 12 Krasnopresnenskaya emb, Moscow, Russian Federation, 123610.

Web site: [www.cpmow.ru/en/](http://www.cpmow.ru/en/)

In addition to the announced team staff travelling to Moscow:

- Carol Grant will be helping the Team Managers in Tonbridge
- Andrew Lytle (Biomechanics) will be available in Tonbridge
- We are very pleased to be able to appoint two "development coaches", Megan Szirom and Adam Didyk, who will attend the World Championships as part of their professional development.

Please ensure that Nathan Sims has any invoices for your preparation funds and your signed medical forms and code of conduct forms.

Please ensure that Nathan Sims knows about any hotel requirements that you might have in Cologne (pre-holding camp) as early as possible to ensure room availability.

## London Anniversary Games – Men's 4x100m relay

We have been able to secure an invitation to run in the men's 4x100m relay at the London Anniversary Games in the 2012 Olympic Stadium.

The stadium has completely sold out for three days of athletics (around 80,000 seats per day) and so this should be a great opportunity for our team. A squad of up to six athletes will be selected for London immediately after the Brisbane competitions (selection 21st July) and (unless there are injuries) will include the three men pre-selected for the World Championships 4x100m.

Selected athletes who are in Australia will depart on the 24th July to join the rest of the squad and compete in London on the 25th. **Selection to run for Australia at the London Anniversary Games does not guarantee selection for the World Championships.**

Other performances, including those at the World University Games, will be considered in the final World Championships selection which will be made on the 29th July 2013.

## IPC Athletics World Championships

The final team selection was made on 12th June.

### Team Handbook

The Team Handbook was distributed to the team (athletes and staff) on Thursday, 27 June. This Handbook provides all the information regarding the team operations, training location and IPC Athletics World Championships.

### Classification for Para-athletics

Athletics Australia has taken over the management and process for all National and International Classification for Para-athletics. All classification has previously been managed by the Australian Paralympic Committee and Athletics Australia would like to thank the APC for the systems and processes put in place. All future classification opportunities and enquires will now be handled by Athletics Australia and the relevant Member Association.

## FISU World University Games

The team left Australia on the last day in June and meets up with those already in Europe in Kazan next week. Full details from the AUS.

## Under 20 Mannheim Trip

Nine U20 athletes (1994 born) have just finished a week long training camp in Varese, Italy, at the European Training Centre. With facilities mirroring the AIS this was a great base for the team as they headed into their first competition in Germany that took place on the 22nd/23rd June. The team has just competed in the Mannheim Junior International competition where they took on some of Germany's best U20 talent.

## IAAF World Youth Championships

After a successful pre departure competition and education camp in Brisbane all 21 athletes have now achieved their pre-departure standard and will leave Australia on July 2nd for Donetsk, Ukraine where they will take part in the 8th IAAF World Youth Track and Field Championships from 10th-14th July.

With the final preparations being undertaken by both athletes and coaches, the team is looking forward to some strong performances on the World stage.

## Under 19 Squad

A preliminary squad of 41 athletes have been identified as being eligible for the 2013 Under 19 Talent squad. These athletes are currently tracking along the Athletics Australia performance matrix for their age within their chosen event group. The first camp will be held at the AIS on the 12-15th September 2013, with the second camp being undertaken in event groups during January 2014.

Both camps are fully funded for athlete and coach by Athletics Australia. Personal coaches must attend and comply with the squad requirements for their athlete to gain selection with further information being provided within the next week.

## 2014 Championships

Selection policies for the 2014 Championships are currently being finalised and should be published over the next few weeks. The selection policies to be published include those for the:

- Commonwealth Games
- IAAF World Half Marathon Championships
- IAAF World Indoor Championships
- IAAF World Junior Championships
- IAAF World Walks Cup
- FISU World University Cross Country Championships
- Chiba Ekiden

The World Youth Olympic Games policy will follow when we have the IOC rules and regulations.