

ATHLETICS AUSTRALIA
AUSTRALIAN OUTDOOR RECORDS AS AT 15th May 2018.

MEN - OUTDOOR

EVENT	PERF.	DATE	VENUE	NAME	STATE	D.O.B.
100 METRES						
Aust Allcomers	9.87	23-Sep-00	SYDNEY	MAURICE GREENE	USA	23-Jul-74
Aust National	9.93	5-May-03	MITA JAPAN	PATRICK JOHNSON	ACT	26-Sep-72
Aust U20	10.0	19-Mar-78	BRISBANE	PAUL NARRACOTT	QLD	8-Oct-59
	10.21	25-Jun-16	GERMANY	JACK HALE	TS	22-May-98
Aust U18	10.38	11-Dec-15	PERTH	JACK HALE	TAS	22-May-98
Aust U16	10.67	7-Dec-13	TOWNSVILLE	JORDON SHELLEY	NSW	27-Feb-98
200 METRES						
Aust Allcomers	19.92	25-Feb-99	MELBOURNE	FRANKIE FREDERICKS	NAM	2-Oct-67
Aust National	20.06	16-Oct-68	MEXICO CITY	PETER NORMAN	VIC	15-Jun-42
Aust U20	20.48	3-Feb-85	BRISBANE	FRED MARTIN	NSW	4-Oct-66
Aust U18	20.90	6-Nov-82	SYDNEY	DARREN CLARK	NSW	6-Sep-65
	20.90	19-Aug-89	SAGA	PAUL GREENE	NSW	9-Dec-72
	20.90	24-Sep-17	TOWNSVILLE	ZANE BRANCO	QLD	4-Jan-00
Aust U16	21.44	8-Dec-13	TOWNSVILLE	JORDON SHELLEY	NSW	27-Feb-98
400 METRES						
Aust Allcomers	43.84	25-Sep-00	SYDNEY	MICHAEL JOHNSON	USA	13-Sep-67
Aust National	44.38	26-Sep-88	SEOUL	DARREN CLARK	NSW	6-Sep-65
Aust U20	44.75	8-Aug-84	LOS ANGELES	DARREN CLARK	NSW	6-Sep-65
Aust U18	45.96	19-Aug-89	SAGA	PAUL GREENE	NSW	9-Dec-72
Aust U16	48.12	7-Dec-88	SYDNEY	PAUL GREENE	NSW	9-Dec-72
800 METRES						
Aust Allcomers	1:43.15	4-Mar-10	MELBOURNE	DAVID RUDISHA	KEN	17-Dec-88
Aust National	1:44.40	15-Oct-68	MEXICO	RALPH DOUBELL	VIC	11-Feb-45
Aust National	1:44.40=	18-Jul-14	MONACO	ALEXANDER ROWE	VIC	8-Jul-92
Aust U20	1:45.91	28-Jul-95	LINDAU	PAUL BYRNE	VIC	29-Jan-76
Aust U18	1:47.24	11-Dec-93	CANBERRA	PAUL BYRNE	VIC	29-Jan-76
Aust U16	1:51.41	11-Dec-88	CANBERRA	MARK HOLCOMBE	VIC	21-Aug-73
1000 METRES						
Aust Allcomers	2:17.67	14-Jan-88	MELBOURNE	MICHAEL HILLARDT	QLD	22-Jan-61
Aust National	2:16.09	17-Jun-14	OSTRAVA	JEFFREY RISELEY	VIC	11-Nov-86
Aust U20	2:20.5	6-Jan-94	MELBOURNE	PAUL BYRNE	VIC	29-Jan-76
Aust U18	2:23.1	7-Jan-93	MELBOURNE	MICHAEL POWER	VIC	9-May-76
Aust U16	2:28.7	7-Jan-92	MELBOURNE	MICHAEL POWER	VIC	9-May-76
1500 METRES						
Aust Allcomers	3:31.25	9-Sep-01	MELBOURNE	HICHAM EL GUERROUJ	MAR	14-Sep-74
Aust National	3:31.06	22-Jul-10	MONACO	RYAN GREGSON	NSW	26-Apr-90
Aust U20	3:37.24	28-Feb-09	SYDNEY	RYAN GREGSON	NSW	26-Apr-90
Aust U18	3:43.84	1-Dec-07	SYDNEY	RYAN GREGSON	NSW	26-Apr-90
Aust U16	3:53.7	15-Nov-01	MELBOURNE	TYSON MAHON	VIC	9-Oct-86
1 MILE (= 1609.33 METRES)						
Aust Allcomers	3:51.54	7-Feb-91	MELBOURNE	SIMON DOYLE	QLD	9-Nov-66
Aust National	3:48.98	29-Jul-05	OSLO	CRAIG MOTTRAM	VIC	18-Jun-80
Aust U20	3:56.87	8-Aug-80	BERLIN	MICHAEL HILLARDT	QLD	22-Jan-61
2000 METRES						
Aust Allcomers	4:50.76	9-Mar-06	MELBOURNE	CRAIG MOTTRAM	VIC	18-Jun-80
Aust National	4:50.76	9-Mar-06	MELBOURNE	CRAIG MOTTRAM	VIC	18-Jun-80
Aust U20	5:09.40	15-Jun-16	PERTH	MATTHEW RAMSDEN	WA	23-Jul-97
Aust U18	5:15.5	22-Dec-79	ADELAIDE	MARK ARENS	SA	23-Mar-62
3000 METRES						
Aust Allcomers	7:39.22	20-Feb-99	SYDNEY	LUKE KIPKOSGEI	KEN	27-Nov-75
Aust National	7:32.19	17-Sep-06	ATHENS	CRAIG MOTTRAM	VIC	18-Jun-80
Aust U20	7:57.45	13-Mar-09	CHRISTCHURCH	RYAN GREGSON	NSW	26-Apr-90
Aust U18	8:01.26	10-Nov-07	SYDNEY	RYAN GREGSON	NSW	26-Apr-90
Aust U16	8:25.31	8-Nov-14	SYDNEY	JOSHUA TORLEY	ACT	30-Apr-99
5000 METRES						
Aust Allcomers	12:56.41	20-Mar-06	MELBOURNE MCG	AUGUSTINE CHOGE	KEN	21-Jan-87
Aust National	12:55.76	30-Jul-04	LONDON	CRAIG MOTTRAM	VIC	18-Jun-80
Aust U20	13:25.63	7-Aug-99	HECHTEL	MIZAN MEHARI	ACT	25-Jan-80

Aust U18	14:14.35	24-Nov-07	SYDNEY	RYAN GREGSON	NSW	26-Apr-90
10000 METRES						
Aust Allcomers	27:18.20	25-Sep-00	SYDNEY	HAILE GEBRSELESSIE	ETH	18-Apr-73
Aust National	27:24.95	1-May-11	CALIFORNIA	BEN ST LAWRENCE	NSW	7-Nov-81
Aust U20	28:50.4	16-Dec-76	MELBOURNE	ROB DE CASTELLA	VIC	27-Feb-57
20000 METRES						
Aust Allcomers	59:22.8	27-Oct-65	GEELONG	RON CLARKE	VIC	21-Feb-37
Aust National	58:37.2	17-Apr-82	ROME	ROB DE CASTELLA	VIC	27-Feb-57
Aust U20	70:03.8	5-Oct-68	MELBOURNE	MAX LITTLE	TAS	23-Oct-49
1 HOUR TRACK						
Aust Allcomers	20,232.56m	27-Oct-65	GEELONG	RON CLARKE	VIC	21-Feb-37
Aust National	20,516m	17-Apr-82	ROME	ROB DE CASTELLA	VIC	27-Feb-57
Aust U20	18,678m	29-Aug-73	ADELAIDE	TONY BART	SA	4-Dec-55
25000 METRES						
Aust Allcomers	79:56.4	31-Jul-16	HOBART	JOSHUA HARRIS	TAS	3-Jul-90
Aust National	79:56.4	31-Jul-16	HOBART	JOSHUA HARRIS	TAS	3-Jul-90
Aust U20	84:12.0	3-Nov-74	MELBOURNE	EERO KERANEN	VIC	7-Nov-55
30000 METRES						
Aust Allcomers	96:39.7	31-Jul-16	HOBART	JOSHUA HARRIS	TAS	3-Jul-90
Aust National	96:39.7	31-Jul-16	HOBART	JOSHUA HARRIS	TAS	3-Jul-90
Aust U20	106:53.0	3-Nov-74	MELBOURNE	EERO KERANEN	VIC	7-Nov-55
100M HURDLES						
Aust U16 (.84m)	12.66	3-Dec-16	CANBERRA	SASHA ZHOYA	WA	25-Jun-02
110M HURDLES						
Aust Allcomers	13.00	25-Sep-00	SYDNEY	ANIER GARCIA	CUB	9-Mar-76
Aust National	13.29	11-Aug-95	GOTEBORG	KYLE VANDER-KUYP	VIC	30-May-71
Aust U20 IAAF (1.067m)	13.76	19-May-78	POCATELLO	DON WRIGHT	QLD	26-Apr-59
Aust U20 AA (.99m)	13.27	12-Jul-12	BARCELONA	NICHOLAS HOUGH	NSW	20-Oct-93
Aust U18 (.91m)	13.24	9-Dec-17	ADELAIDE	SASHA ZHOYA	WA	25-Jun-02
200M HURDLES						
Aust Allcomers	22.59	14-Mar-96	BRISBANE	DARRYL WOHLSEN	QLD	6-Mar-73
Aust National	22.59	14-Mar-96	BRISBANE	DARRYL WOHLSEN	QLD	6-Mar-73
Aust U20	23.2	9-Feb-63	BRISBANE	PETER BALTHES	QLD	17-Jun-44
Aust U16 (.76m)	24.54	9-Dec-05	SYDNEY	JARED BEZUIDENHOUT	WA	21-Oct-90
400M HURDLES						
Aust Allcomers	47.50	27-Sep-00	SYDNEY	ANGELO TAYLOR	USA	29-Dec-78
Aust National	48.28	31-Jul-96	ATLANTA	ROHAN ROBINSON	VIC	15-Nov-71
Aust U20	49.73	10-Aug-90	BULGARIA	ROHAN ROBINSON	VIC	15-Nov-71
Aust U18 (.84m)	51.75	5-Dec-08	CANBERRA	SASHA ALEXEENKO	QLD	23-Mar-91
2000M STEEPLECHASE						
Aust U18	5:43.73	5-Dec-88	SYDNEY	AARON HUNT	NSW	10-Mar-72
Aust U16 (.76m)	5:55.06	5-Dec-02	HOBART	JAMES MATTHEWS	NSW	29-Jan-87
3000M STEEPLECHASE						
Aust Allcomers	8:16.14	9-Sep-01	MELBOURNE	BRAHIM BOULAMI	MAR	20-Apr-72
Aust National	8:16.22	2-Jul-93	LILLE	SHAUN CREIGHTON	VIC	14-May-67
Aust U20	8:40.62	20-Sep-92	SEOUL	GLEN STOJANOVIC	NSW	3-Feb-74
3000M TRACK WALK						
Aust U18	11:42.04	21-Feb-98	SYDNEY	TROY SUNDSTROM	NSW	30-Apr-81
Aust U16	12:09.3	2-Feb-95	SYDNEY	TROY SUNDSTROM	NSW	30-Apr-81
5000M TRACK WALK						
Aust Allcomers	18:40.11	28-Feb-09	SYDNEY	EDER SANCHEZ	MEX	21-May-86
Aust National	18:38.97	5-Mar-16	MELBOURNE	DANE BIRD-SMITH	QLD	15-Jul-92
Aust U20	19:38.22	19-Feb-00	SYDNEY	TROY SUNDSTROM	NSW	30-Apr-81
Aust U18	20:06.9	17-Jan-98	SYDNEY	TROY SUNDSTROM	NSW	30-Apr-81
10000M TRACK WALK						
Aust Allcomers	38:20.9	15-Sep-85	SYDNEY	DAVID SMITH	VIC	24-Jul-55
Aust National	38:20.9	15-Sep-85	SYDNEY	DAVID SMITH	VIC	24-Jul-55
Aust U20	41:02.18	12-Mar-11	SYDNEY	DANE BIRD-SMITH	QLD	15-Jul-92
Aust U18	42:40.54	6-Nov-99	SYDNEY	DOUG CONNOLLY	NSW	30-Oct-82
20000M TRACK WALK						
Aust Allcomers	1:19:48.1	4-Sep-01	BRISBANE	NATHAN DEAKES	VIC	17-Aug-77
Aust National	1:19:48.1	4-Sep-01	BRISBANE	NATHAN DEAKES	VIC	17-Aug-77
Aust U20	1:36:39.7	27-Jun-81	MELBOURNE	MICHAEL HARVEY	VIC	5-Dec-62

30000M TRACK WALK

Aust Allcomers	2:14:22	9-Sep-90	MELBOURNE	SIMON BAKER	VIC	6-Feb-58
Aust National	2:14:22	9-Sep-90	MELBOURNE	SIMON BAKER	VIC	6-Feb-58

50000M TRACK WALK

Aust Allcomers	3:43:50.0	9-Sep-90	MELBOURNE	SIMON BAKER	VIC	6-Feb-58
Aust National	3:43:50.0	9-Sep-90	MELBOURNE	SIMON BAKER	VIC	6-Feb-58

4 X 100M RELAY

Aust Allcomers	37.61	30-Sep-00	SYDNEY	USA - DRUMMOND, WILLIAMS, LEWIS, GREENE		
Aust National	38.17	12-Aug-95	GOTEBORG	AUS - BRIMACOMBE, HENDERSON, JACKSON, MARSH		
Aust National	38.17	10-Aug-12	LONDON	AUS - ALOZIE, NTIAMOAH, McCABE, ROSS		
Aust State Team	39.06	27-May-13	TAIWAN	NSW - ALOZIE, NTIAMOAH, HOUGH, GEDDES		
Aust U20	39.34	13-Jul-12	BARCELONA	AUS - JAWORSKI, DONOVAN, HOUGH, BERTACCO		
Aust U18	40.85	4-Dec-08	CANBERRA	NSW - PEARCE, HAMMOND, McRAE, FAKIYE		
Aust U16	41.77	12-Mar-88	CANBERRA	NSW - BENSCHER, CAMPS, GREENE, STEPHENSON		

4 X 200M RELAY

Aust Allcomers	1:23.04	6-Dec-98	SYDNEY	NSW - S.VASSELLA, HOLLANDS, CAPOBIANCO, P.VASSELLA		
Aust National	1:23.04	6-Dec-98	SYDNEY	NSW - S.VASSELLA, HOLLANDS, CAPOBIANCO, P.VASSELLA		
Aust State Team	1:23.04	6-Dec-98	SYDNEY	NSW - S.VASSELLA, HOLLANDS, CAPOBIANCO, P.VASSELLA		
Aust U20	1:25.48	4-Dec-83	SYDNEY	NSW - CHAMPION, KEARNEY, MACE, THEODORE		
Aust U18	1:28.2	17-Dec-83	MELBOURNE	VIC - MILIONIS, PRYOR, LONGMUIR, REED		
Aust U16	1:29.40	9-Dec-00	ADELAIDE	VIC - TONKIN, REMMERS, WROE, LITTLEJOHN		

4 X 400M RELAY

Aust Allcomers	2:56.35 *	30-Sep-00	SYDNEY	USA - HARRISON, PETTIGREW, HARRISON, JOHNSON		
Aust National	2:59.70	11-Aug-84	LOS ANGELES	AUS - CLARK, FRAYNE, MINIHAN, MITCHELL		
Aust State Team	3:02.1	26-Feb-84	MELBOURNE	VIC - FRAYNE, MINIHAN, MITCHELL, VAN MILTENBURG		
Aust U20	3:04.74	2-Aug-98	ANNECY	AUS - McFARLANE, BATMAN, THOM, VINCENT		
Aust U18	3:14.39	30-Mar-84	MELBOURNE	VIC - KLABBERS, LONGMUIR, NEVIN, REED		
Aust U16	3:17.56	7-Mar-86	HOBART	NSW - DENNIS, PERRY, SMART, WATERS		

* under review

4 X 800M RELAY

Aust Allcomers	7:20.0	6-Mar-82	BRISBANE	QLD - CREW, GOULDING, HAWES, HILLARDT		
Aust National	7:11.48	24-May-14	BAHAMAS	AUS - RALPH, GREGSON, WILLIAMSZ, WEST		
Aust State Team	7:20.0	6-Mar-82	BRISBANE	QLD - CREW, GOULDING, HAWES, HILLARDT		
Aust U20	7:39.5	29-Nov-81	SYDNEY	NSW - EARL, OZOLINS, TRINCA, WHEELER		
Aust U18	7:46.20	17-Dec-00	SYDNEY	NSW - ANDREATTA, FITZGERALD, BROMLEY, HALL		

4 X 1500M RELAY

Aust Allcomers	15:17.91	17-Nov-07	SYDNEY	NSW - FARRELLY, HUNT, WOODS, ROFF		
Aust National	14:46.04	25-May-14	BAHAMAS	AUS - GREGSON, McENTEE, BIRMINGHAM, WILLIAMSZ		
Aust State Team	15:17.91	17-Nov-07	SYDNEY	NSW - FARRELLY, HUNT, WOODS, ROFF		
Aust U20	15:45.09	28-Mar-92	MELBOURNE	VIC - BOWDEN, GIBBS, SLY, UNTHANK		
Aust U18	16:04.7	17-Dec-89	MELBOURNE	VIC - ELLIS, HOWLEY, MCMAHON, MILLICHAMP		
Aust U16	17:05.35	23-Dec-11	LAUNCESTON	TAS - ROBINSON, HAGOS, NICKLASON, ADAMS		

1000M SPRINT MEDLEY RELAY (SWEDISH)

Aust U18	1:53.98	7-Dec-14	ADELAIDE	NSW - BROWNING, WOOD, SHELLEY, STENMARK		
Aust U16	1:59.33	4-Dec-11	BRISBANE	QLD - WICKRAMASURIYA, SAILOR, CONSTANTI, ROBINSON		

HIGH JUMP

Aust Allcomers	2.36	2-Mar-97	MELBOURNE	TIM FORSYTH	VIC	17-Aug-73
	2.36	5-Feb-00	PERTH	KONSTANTIN MATUSEVICH	ISR	25-Feb-71
Aust National	2.36	2-Mar-97	MELBOURNE	TIM FORSYTH	VIC	17-Aug-73
Aust U20	2.34	4-Jul-92	OSLO	TIM FORSYTH	VIC	17-Aug-73
Aust U18	2.29	12-Aug-90	PLOVDIV	TIM FORSYTH	VIC	17-Aug-73
Aust U16	2.14	5-Dec-92	PERTH	MARK SILLS	QLD	24-Dec-76

POLE VAULT

Aust Allcomers	6.00	26-Feb-05	PERTH	PAUL BURGESS	WA	14-Aug-79
Aust National	6.06	7-Feb-09	BOSTON	STEVEN HOOKER	WA	16-Jul-82
Aust U20	5.70	26-Jun-16	GERMANY	KURTIS MARSCHALL	SA	25-Apr-97
Aust U18	5.35	25-Aug-96	SYDNEY	PAUL BURGESS	WA	14-Aug-79
Aust U16	4.92	27-Mar-17	SYDNEY	SASHA ZHOYA	WA	25-Jun-02

LONG JUMP

Aust Allcomers	8.55	28-Sep-00	SYDNEY	IVAN PEDROSO	CUB	17-Dec-72
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Aust National	8.54	29-Jul-11	STOCKHOLM	MITCHELL WATT	QLD	25-Mar-88
Aust U20	8.12	11-Jul-07	NUORO ITALY	CHRISTOPHER NOFFKE	QLD	6-Jan-88
Aust U18	8.01	16-Jul-15	COLOMBIA	DARCY ROPER	QLD	31-Mar-98
Aust U16	7.38	21-Nov-03	BRISBANE	CHRISTOPHER NOFFKE	QLD	6-Jan-88
TRIPLE JUMP						
Aust Allcomers	17.71	25-Sep-00	SYDNEY	JONATHAN EDWARDS	GBR	10-May-66
Aust National	17.46	7-Aug-82	LONDON	KEN LORRAWAY	ACT	6-Feb-56
Aust U20	16.58	11-Dec-08	MELBOURNE	HENRY FRAYNE	VIC	14-Apr-90
Aust U18	15.60	2-Nov-97	BUNDABERG	JOSHUA FERGUSON	QLD	15-Feb-80
Aust U16	14.50	12-Nov-88	MELBOURNE	CRAIG FURBER	VIC	14-Dec-72
SHOT PUT						
Aust Allcomers	22.00	5-Oct-85	CANBERRA	ULF TIMMERMANN	GDR	1-Nov-62
Aust National	21.35	28-Aug-17	CROATIA	DAMIEN BIRKINHEAD	VIC	8-Apr-93
Aust U20 (7.26kg)	19.23	27-Oct-12	GEELONG	DAMIEN BIRKINHEAD	VIC	8-Apr-93
Aust U20 (6kg)	21.14	11-Jul-12	BARCELONA	DAMIEN BIRKINHEAD	VIC	8-Apr-93
Aust U18 (5kg)	21.31	7-Nov-10	MELBOURNE	DAMIEN BIRKINHEAD	VIC	8-Apr-93
Aust U16 (4kg)	20.64	4-Dec-08	CANBERRA	DAMIEN BIRKINHEAD	VIC	8-Apr-93
DISCUS THROW						
Aust Allcomers	69.30	25-Sep-00	SYDNEY	VIRGILIJUS ALEKNA	LIT	13-Feb-72
Aust National	68.20	10-May-13	TOWNSVILLE	BENN HARRADINE	VIC	14-Oct-82
Aust U20 (2kg)	62.37	4-Jun-15	AUSTRIA	MATTHEW DENNY	QLD	2-Jun-96
Aust U20 (1.75kg)	66.81	23-Nov-14	BRISBANE	MATTHEW DENNY	QLD	2-Jun-96
Aust U18 (1.5kg)	68.44	2-Nov-85	MELBOURNE	WERNER REITERER	VIC	27-Jan-68
Aust U16 (1kg)	75.33	10-Dec-99	SYDNEY	TIMOTHY DRIESEN	VIC	27-Mar-84
HAMMER THROW						
Aust Allcomers	82.94	7-Sep-01	BRISBANE	KOJI MUROFUSHI	JPN	8-Oct-74
Aust National	79.29	6-Jul-02	CROATIA	STUART RENDELL	ACT	30-Jun-72
Aust U20 (7.26kg)	70.52	17-May-15	GERMANY	MATTHEW DENNY	QLD	2-Jun-96
Aust U20 (6kg)	80.48	25-Sep-15	TOWNSVILLE	MATTHEW DENNY	QLD	2-Jun-96
Aust U18 (5kg)	81.44	9-Jun-13	BRISBANE	MATTHEW DENNY	QLD	2-Jun-96
Aust U16 (4kg)	75.17	2-Nov-13	GEELONG	NED WEATHERLEY	VIC	12-Jan-98
JAVELIN THROW						
Aust Allcomers	90.17	23-Sep-00	SYDNEY	JAN ZELEZNY	CZE	16-Jun-66
Aust National	89.02	29-Feb-08	BRISBANE	JARROD BANNISTER	QLD	15-Mar-86
Aust U20	76.58	23-Mar-13	BRISBANE	LUKE CANN	VIC	17-Jul-94
Aust U18 (700g)	77.80	6-Dec-15	MELBOURNE	CONOR WARREN	QLD	23-Feb-98
Aust U16 (700g)	73.64	20-May-89	BRISBANE	IAN PEARCE	QLD	30-Aug-73
DECATHLON						
Aust Allcomers	8641	28-Sep-00	SYDNEY	ERKI NOOL	EST	25-Jun-70
Aust National	8490	18-Sep-98	KUALA LUMPUR	JAGAN HAMES	SA	31-Oct-75
Aust U20 (IAAF)	7322	31-Jan-93	CANBERRA	PAUL JEFFREY	WA	14-Jan-74
COMBINED EVENT						
Aust U20 (AA)	8094	23-Jul-14	OREGON	CEDRIC DUBLER	QLD	13-Jan-95
Aust U18	7559	30-Mar-17	SYDNEY	ASHLEY MOLONEY	QLD	13-Mar-00
Aust U16	4949	18-Dec-05	CANBERRA	ADAM BEVIS	QLD	19-Mar-90
OCTATHLON (Youth best on record)						
Aust U18	6491	7-Jul-11	FRANCE	JAKE STEIN	NSW	17-Jan-94
MEN - ROAD						
(Note: + = in route to longer distance)						
HALF MARATHON						
Aust Allcomers	61:11	22-May-94	SYDNEY	PAT CARROLL	QLD	17-Aug-61
Aust National	60:02	19-Jan-97	TOKYO	DARREN WILSON	VIC	9-Aug-68
MARATHON						
Aust Allcomers	2:08.42	5-Jul-15	GOLD COAST	KENNETH MBURU MUNGARA	KEN	7-Sep-73
Aust National	2:07:51	22-Apr-86	BOSTON	ROB DE CASTELLA	VIC	27-Feb-57
10 km RR						
Aust National	27.54	23-May-04	MANCHESTER	CRAIG MOTTRAM	VIC	18-Jun-80
100KM ROAD RACE						
Aust Allcomers	6:29:26	23-Apr-95	TASMANIA	TIM SLOANE	TAS	29-Jul-67
Aust National	6:29:26	23-Apr-95	TASMANIA	TIM SLOANE	TAS	29-Jul-67
5KM ROAD WALK						
Aust U16	22:00	11-Dec-11	FAWKNER PARK VIC	NATHAN BRILL	VIC	24-Mar-96
8KM ROAD WALK						
Aust U18	34:21.0	24-May-92	MELBOURNE	DION RUSSELL	VIC	8-May-75

10KM ROAD WALK

Aust U20	40.54	26-Jun-04	SYDNEY	ADAM RUTTER	NSW	24-Dec-86
Aust U18	42.36	11-Dec-16	MELBOURNE	DECLAN TINGAY	WA	6-Feb-99

20KM ROAD WALK

Aust Allcomers	1:18:59	22-Sep-00	SYDNEY	ROBERT KORZENIOWSKI	POL	30-Jul-68
Aust National	1:17:33	23-Apr-05	CIXI CITY CHINA	NATHAN DEAKES	VIC	17-Aug-77
Aust U20	1:24:46	6-Mar-05	SYDNEY	ADAM RUTTER	NSW	24-Dec-86

30KM ROAD WALK

Aust Allcomers	2:05:06	27-Aug-06	HOBART	NATHAN DEAKES	VIC	17-Aug-77
Aust National	2:05:06	27-Aug-06	HOBART	NATHAN DEAKES	VIC	17-Aug-77

50KM ROAD WALK

Aust Allcomers	3:35:47	2-Dec-06	GEELONG	NATHAN DEAKES	VIC	17-Aug-77
Aust National	3:35:47	2-Dec-06	GEELONG	NATHAN DEAKES	VIC	17-Aug-77

MEN - BEST ON RECORD**100 YARDS**

Aust Allcomers	9.2	10-Mar-65	SYDNEY	BOB LAY	NSW	20-Mar-44
Aust National	9.2	10-Mar-65	SYDNEY	BOB LAY	NSW	20-Mar-44

12 HOURS 10-MAN TRACK RELAY

Aust Allcomers	242km477.5n	30-Sep-84	MELBOURNE	VIC TEAM		
Aust National	242km477.5n	30-Sep-84	MELBOURNE	VIC TEAM		

WOMEN - OUTDOOR**100 METRES**

Aust Allcomers	10.99	22-Sep-00	SYDNEY	EKATERINI THANOU	GRE	1-Feb-75
Aust National	11.11	9-Feb-14	CANBERRA	MELISSA BREEN	ACT	17-Sep-90
Aust U20	11.20	15-Oct-68	MEXICO CITY	RAELENE BOYLE	VIC	24-Jun-51
Aust U18	11.20	15-Oct-68	MEXICO CITY	RAELENE BOYLE	VIC	24-Jun-51
Aust U16	11.3h	14-Jan-76	SYDNEY	DEBBIE WELLS	NSW	29-May-61

200 METRES

Aust Allcomers	21.90	4-Oct-85	CANBERRA	MARITA KOCH	GDR	18-Feb-57
Aust National	22.23	13-Jul-97	STUTTGART	MELINDA GAINSFORD	NSW	1-Oct-71
Aust U20	22.74	18-Oct-68	MEXICO CITY	RAELENE BOYLE	VIC	24-Jun-51
Aust U18	22.74	18-Oct-68	MEXICO CITY	RAELENE BOYLE	VIC	24-Jun-51
Aust U16	22.8h	28-Feb-76	BRISBANE	DEBBIE WELLS	NSW	29-May-61

400 METRES

Aust Allcomers	47.60	6-Oct-85	CANBERRA	MARITA KOCH	GDR	18-Feb-57
Aust National	48.63	29-Jul-96	ATLANTA	CATHY FREEMAN	VIC	16-Feb-73
Aust U20	51.14	28-Jun-92	BIRMINGHAM	CATHY FREEMAN	VIC	16-Feb-73
Aust U18	51.80	12-Dec-99	SYDNEY	JANA PITTMAN	NSW	9-Nov-82
Aust U16	52.90	20-Feb-94	MELBOURNE	TAMSYN LEWIS	VIC	20-Jul-78

800 METRES

Aust Allcomers	1:56.15	25-Sep-00	SYDNEY	MARIA LURDES MUTOLA	MOZ	27-Oct-72
Aust National	1:59.0	28-Feb-76	MELBOURNE	CHARLENE RENDINA	VIC	18-Dec-47
Aust U20	2:00.81	12-Apr-18	GOLD COAST	KEELY SMALL	ACT	9-Jun-01
Aust U18	2:00.81	12-Apr-18	GOLD COAST	KEELY SMALL	ACT	9-Jun-01
Aust U16	2:02.49	20-Mar-99	MELBOURNE	GEORGIE CLARKE	VIC	17-Jun-84

1000 METRES

Aust Allcomers	2:39.4	7-Jan-93	MELBOURNE	SUSIE POWER	VIC	26-Mar-75
Aust National	2:37.84	24-May-12	OSLO	ZOE BUCKMAN	VIC	21-Dec-88
Aust U20	2:39.4	7-Jan-93	MELBOURNE	SUSIE POWER	VIC	26-Mar-75
Aust U18	2:43.72	11-Jun-00	CASTLE ISLAND	GEORGIE CLARKE	VIC	17-Jun-84

1500 METRES

Aust Allcomers	4:03.46	9-Sep-01	MELBOURNE	VIOLETA SZEKELY	ROM	26-Mar-65
Aust National	4:00.93	26-Jul-06	STOCKHOLM	SARAH JAMIESON	VIC	24-Mar-75
Aust U20	4:06.77	30-Jan-00	HOBART	GEORGIE CLARKE	VIC	17-Jun-84
Aust U18	4:06.77	30-Jan-00	HOBART	GEORGIE CLARKE	VIC	17-Jun-84
Aust U16	4:12.51	6-Dec-99	MELBOURNE	GEORGIE CLARKE	VIC	17-Jun-84

1 MILE (= 1609.33 METRES)

Aust Allcomers	4:22.66	2-Mar-07	MELBOURNE	LISA CORRIGAN	ACT	2-Dec-84
Aust National	4:22.66	2-Mar-07	MELBOURNE	LISA CORRIGAN	ACT	2-Dec-84
Aust U20	4:32.73	17-Dec-92	MELBOURNE	SUSIE POWER	VIC	26-Mar-75

2000 METRES

Aust Allcomers	5:56.3	27-Nov-88	BRISBANE	ANGELA RAINES-WHITE	QLD	22-Mar-74
Aust National	5:37.71	13-Jun-03	OSTRAVA	BENITA WILLIS	ACT	6-May-79
Aust U20	5:50.47	4-Sep-94	BIRMINGHAM	SUSIE POWER	VIC	26-Mar-75
Aust U18	5:56.3	27-Nov-88	BRISBANE	ANGELA RAINES-WHITE	QLD	22-Mar-74
Aust U16	5:56.3	27-Nov-88	BRISBANE	ANGELA RAINES-WHITE	QLD	22-Mar-74
3000 METRES						
Aust Allcomers	8:43.14	14-Jan-90	SYDNEY	LIZ MCCOLGAN	SCO	24-Apr-64
Aust National	8:38.06	13-Jul-03	GATESHEAD	BENITA WILLIS	VIC	6-May-79
Aust U20	8:44.1	13-Jul-84	EUGENE	DONNA GOULD	SA	10-Jun-66
Aust U18	9:02.11	20-Feb-99	SYDNEY	ELOISE POPPETT	NSW	9-Nov-82
Aust U16	9:08.93	29-Oct-05	CANBERRA	EMILY BRICHACEK	ACT	7-Jul-90
5000 METRES						
Aust Allcomers	14:40.79	25-Sep-00	SYDNEY	GABRIELA SZABO	ROM	14-Nov-75
Aust National	14:47.60	6-Sep-02	BERLIN	BENITA WILLIS	VIC	6-May-79
Aust U20	15:18.6	16-Oct-99	SYDNEY	ELOISE POPPETT	NSW	9-Nov-82
10000 METRES						
Aust Allcomers	30:17.49	30-Sep-00	SYDNEY	DERARTU TULU	ATH	21-Mar-72
Aust National	30:37.68	23-Aug-03	PARIS	BENITA WILLIS	VIC	6-May-79
Aust U20	34:15.0	18-Dec-85	ADELAIDE	DONNA GOULD	SA	10-Jun-66
1 HOUR TRACK						
Aust Allcomers	not claimed					
Aust National	not claimed					
20000 METRES						
Aust Allcomers	not claimed					
Aust National	not claimed					
25000 METRES						
Aust Allcomers	not claimed					
Aust National	not claimed					
30000 METRES						
Aust Allcomers	not claimed					
Aust National	not claimed					
90M HURDLES						
Aust U16	12.31	3-Dec-16	CANBERRA	SOPHIE WHITE	WA	23-Jan-02
100M HURDLES						
Aust Allcomers	12.49	3-Mar-12	MELBOURNE	SALLY PEARSON	QLD	19-Sep-86
Aust National	12.28	3-Sep-11	DAEGU	SALLY PEARSON	QLD	19-Sep-86
Aust U20	13.01	26-Nov-05	BRISBANE	SALLY McLELLAN	QLD	19-Sep-86
Aust U18 (.76m)	13.14	11-Jul-03	SHERBROOKE	SALLY McLELLAN	QLD	19-Sep-86
Aust U18 (.76m)	13.14	16-Mar-18	SYDNEY	SOPHIE WHITE	WA	23-Jan-02
200M HURDLES						
Aust Allcomers	25.7h ****	25-Nov-71	MELBOURNE	PAM RYAN	VIC	12-Aug-39
Aust National	25.7h ****	25-Nov-71	MELBOURNE	PAM RYAN	VIC	12-Aug-39
Aust Allcomers	25.79	21-Jan-17	CANBERRA	LAUREN WELLS	ACT	3-Aug-88
Aust National	25.79	21-Jan-17	CANBERRA	LAUREN WELLS	ACT	3-Aug-88
	(***) Run over different specifications)					
Aust U16	27.27	5-Dec-09	HOBART	CHLOE JAMIESON	ACT	20-Apr-94
400M HURDLES						
Aust Allcomers	53.02	27-Sep-00	SYDNEY	IRINA PRIVALOVA	RUS	22-Nov-68
Aust National	53.17	28-Sep-88	SEOUL	DEBBIE FLINTOFF-KING	VIC	20-Apr-60
Aust U20	55.20	18-Mar-00	PIETERSBERG	JANA PITTMAN	NSW	9-Nov-82
Aust U18	56.23	18-Dec-99	SYDNEY	JANA PITTMAN	NSW	9-Nov-82
2000M STEEPLECHASE						
Aust U20	6:25.77	1-May-00	SYDNEY	MELISSA ROLLISON	QLD	13-Apr-83
Aust U18	6:25.77	1-May-00	SYDNEY	MELISSA ROLLISON	QLD	13-Apr-83
Aust U16	6:33.54	8-Jun-07	GOLD COAST	JESSICA GILFILLAN	QLD	10-Feb-92
3000M STEEPLECHASE						
Aust Allcomers	9:19.51	22-Mar-06	MELBOURNE	DORCUS INZIKURU	UGA	2-Feb-82
Aust National	9:14.28	27-Aug-16	PARIS	GENEVIEVE LACAZE	VIC	4-Aug-89
Aust U20	9:30.70	4-Sep-01	BRISBANE	MELISSA ROLLISON	QLD	13-Apr-83
3000M TRACK WALK						
Aust U20	12:27.74	25-Feb-93	MELBOURNE	JANE SAVILLE	NSW	5-Nov-74
Aust U18	12:43.0	8-Nov-97	SYDNEY	MICHELLE FRENCH	NSW	1-Apr-82

Aust U16	12:43.0	8-Nov-97	SYDNEY	MICHELLE FRENCH	NSW	1-Apr-82
5000M TRACK WALK						
Aust Allcomers	20:03.0	11-Feb-96	SYDNEY	KERRY SAXBY-JUNNA	NSW	2-Jun-61
Aust National	20:03.0	11-Feb-96	SYDNEY	KERRY SAXBY-JUNNA	NSW	2-Jun-61
Aust U20	21:34.23	1-Mar-97	MELBOURNE	NATALIE SAVILLE	NSW	7-Sep-78
Aust U18	21:39.03	22-Oct-16	BRISBANE	KATIE HAYWARD	QLD	23-Jul-00
10000M TRACK WALK						
Aust Allcomers	42:46.45	14-Jan-89	SYDNEY	KERRY SAXBY-JUNNA	NSW	2-Jun-61
Aust National	41:57.22	24-Jul-90	SEATTLE	KERRY SAXBY-JUNNA	NSW	2-Jun-61
Aust U20	44:44.22	9-Jul-08	POLAND	JESSICA ROTHWELL	VIC	18-Jun-89
20000M TRACK WALK						
Aust Allcomers	1:33:40.2	6-Sep-01	BRISBANE	KERRY SAXBY-JUNNA	NSW	2-Jun-61
Aust National	1:33:40.2	6-Sep-01	BRISBANE	KERRY SAXBY-JUNNA	NSW	2-Jun-61
4 X 100M RELAY						
Aust Allcomers	41.37	6-Oct-85	CANBERRA	GDR - AUERSWALD, GLADISCH, GOHR, RIEGER		
Aust National	42.99	18-Mar-00	PIETERSBERG	AUS - MASSEY, BROADRICK, LAMBERT, G-TAYLOR		
Aust State Team	44.00	7-Mar-92	ADELAIDE	NSW - GAINSFORD, HOUGH, LEE, MOORE		
Aust U20	44.86	17-Jul-04	GROSSETO	AUS - BOYD, McLELLAN, CUTMORE, NEGUS		
Aust U18	45.48	14-Mar-14	SYDNEY	NSW - O'GRADY, THORNTON, GEDDES, KYRIACOU		
Aust U16	46.25	7-Dec-01	MELBOURNE	QLD - BOYD, McLELLAN, CUTMORE, REUTER		
4 X 200M RELAY						
Aust Allcomers	1:32.6	25-Jan-76	BRISBANE	AUS - BOYLE, JOWETT, ROBERTSON, WILSON		
Aust National	1:32.6	25-Jan-76	BRISBANE	AUS - BOYLE, JOWETT, ROBERTSON, WILSON		
Aust State Team	1:36.41	21-Nov-87	SYDNEY	NSW - CAPLES, CLARKE, HOLLAND, SULLIVAN		
Aust U20	1:38.41	9-Dec-07	SYDNEY	NSW - GARDINER, BANNISTER, TURNER, MORTON		
Aust U18	1:38.41	9-Dec-07	SYDNEY	NSW - GARDINER, BANNISTER, TURNER, MORTON		
Aust U16	1:38.41	9-Dec-07	SYDNEY	NSW - GARDINER, BANNISTER, TURNER, MORTON		
4 X 400M RELAY						
Aust Allcomers	3:19.49	4-Oct-85	CANBERRA	GDR - BUSCH, EMMELMANN, KOCH, NEUBAER		
Aust National	3:23.81	30-Sep-00	SYDNEY	AUS - PERIS, LEWIS, GAINSFORD-TAYLOR, FREEMAN		
Aust State Team	3:31.35	16-Mar-86	ADELAIDE	VIC - FLEMMING, FLINTOFF, STEWART, TOMSETT		
Aust U20	3:30.38	12-Aug-90	PLOVDIV	AUS - ANDREWS, HANIGAN, POETSCHKA, SCAMPS		
Aust U18	3:42.47	21-Mar-82	BRISBANE	NSW - ALTON, BABBAGE, HALL, MARONEY		
Aust U16	3:45.47	7-Mar-86	HOBART	NSW - PHILLIPS, SCAMPS, STENBERG, WEST		
4 X 800M RELAY						
Aust Allcomers	8:39.5	19-Dec-92	MELBOURNE	VIC - ANDERSON, PERKINS, ROBINSON, WEBSTER		
Aust National	8:13.26	25-May-14	BAHAMAS	VIC - McGOWAN, BUCKMAN, KAJAN, DUNCAN		
Aust State Team	8:39.5	19-Dec-92	MELBOURNE	VIC - ANDERSON, PERKINS, ROBINSON, WEBSTER		
Aust U20	8:48.5	19-Dec-89	BRISBANE	QLD - DAWSON, LONSDALE, STEPHENS, VAN GORP		
Aust U18	8:57.81	19-Nov-05	SYDNEY	NSW - KAJAN, TAMSETT, NEVILLE, DOYLE		
Aust U16	8:59.40	17-Nov-13	SYDNEY	NSW - EVANS, HARDING-DELOOZE, WILON, HARDING-DELOOZE		
4 X 1500M RELAY						
Aust Allcomers	18:00.92	12-Dec-92	MELBOURNE	VIC - ANDERSON, PERKINS, ROBINSON, WEBSTER		
Aust National	17:08.65	24-May-14	BAHAMAS	AUS - BUCKMAN, DELANY, McGOWAN, DUNCAN		
Aust State Team	17:09.75	25-Jun-00	LONDON	AUS - HARVEY, CLARKE, RICHARDSON, JAMIESON		
Aust U20	18:22.47	15-Nov-15	BLACKTOWN	NSW - L.HARDING-DELOOZE, EVANS, HOPPER, A.HARDING-DELOOZE		
Aust U18	18:22.47	15-Nov-15	BLACKTOWN	NSW - L.HARDING-DELOOZE, EVANS, HOPPER, A.HARDING-DELOOZE		
Aust U16	18:37.21	16-Nov-13	SYDNEY	NSW - WILSON, KING, EVANS, HARDING-DELOOZE		
1000M SPRINT MEDLEY RELAY (SWEDISH)						
Aust U18	2:06.58	17-Jul-05	MARRAKESH	AUS - GULLI, TAURO, HILL, HOEBERGEN		
Aust U16	2:12.98	6-Dec-15	MELBOURNE	VIC - GROSS, MUSKER, ANDREW, BRITO-BABAPULLE		
HIGH JUMP						
Aust Allcomers	2.01	30-Sep-00	SYDNEY	YELENA YELESINA	RUS	4-Apr-70
	2.01	30-Sep-00	SYDNEY	HESTRIE STORBECK-CLOETE	RSA	26-Aug-78
Aust National	1.98	12-Feb-89	PERTH	VANESSA WARD	WA	5-Jan-63
	1.98	17-Jul-94	INGOLSTADT	ALISON INVERARITY	WA	12-Aug-70
Aust U20	1.96	15-Mar-15	SYDNEY	ELEANOR PATTERSON	VIC	22-May-96
Aust U18	1.96	7-Dec-13	TOWNSVILLE	ELEANOR PATTERSON	VIC	22-May-96
Aust U16	1.86	16-Feb-86	BRISBANE	LEAH CRANSTON	QLD	25-Feb-70
	1.86	16-Feb-86	BRISBANE	GAI KAPERINICK	QLD	20-Sep-70

	1.86	9-Dec-89	ADELAIDE	ANDREA HUGHES	TAS	12-Dec-73
POLE VAULT						
Aust Allcomers	4.81	2-Jul-16	SUNSHINE COAST	ALANA BOYD	WA	10-May-84
Aust National	4.81	2-Jul-16	SUNSHINE COAST	ALANA BOYD	WA	10-May-84
Aust U20	4.59	14-Feb-15	PERTH	NINA KENNEDY	WA	5-Apr-97
Aust U18	4.40	30-Jun-07	RHEINLAND-PFALZ	VICKY PARNOV	WA	24-Oct-90
	4.40	18-Apr-10	PERTH	ELIZABETH PARNOV	WA	9-May-94
	4.40	24-Jul-14	OREGON	NINA KENNEDY	WA	5-Apr-97
Aust U16	4.15	5-Jul-05	GOLD COAST	VICKY PARNOV	WA	24-Oct-90
LONG JUMP						
Aust Allcomers	7.27	6-Oct-85	CANBERRA	HEIKE DRECHSLER	GDR	16-Dec-64
Aust National	7.05	12-Mar-16	PERTH	BROOKE STRATTON	VIC	12-Jul-93
Aust U20	6.60	23-Aug-72	MUNICH	LYN TILLET	NSW	15-Aug-53
	6.60	3-Jul-11	GERMANY	BROOKE STRATTON	VIC	12-Jul-93
Aust U18	6.55	15-Oct-83	SYDNEY	NICOLE BOEGMAN	NSW	5-Mar-67
Aust U16	6.32	28-Mar-99	PERTH	SHERMIN OKSUZ	WA	24-Mar-84
TRIPLE JUMP						
Aust Allcomers	15.20	24-Sep-00	SYDNEY	TEREZA MARINOVA	BUL	5-Sep-77
Aust National	14.04	9-Mar-02	HOBART	NICOLE MLADENIS	WA	22-Sep-75
Aust National	14.04	7-Dec-03	PERTH	NICOLE MLADENIS	WA	22-Sep-75
Aust U20	13.36	8-Jul-06	GOLD COAST	LINDA ALLEN	QLD	22-Mar-87
Aust U18	13.25	18-Mar-12	SYDNEY	JOSIE NICHOL	NSW	15-Jul-95
Aust U16	13.13	11-Dec-99	SYDNEY	SARAH SYDNEY	QLD	16-Feb-84
SHOT PUT						
Aust Allcomers	20.69	4-Oct-85	CANBERRA	NATALYA LISOVSKAYA	URS	16-Jul-62
Aust National	19.74	14-Jul-84	BERKELEY	GAEL MARTIN	VIC	27-Aug-56
Aust U20	16.19	6-Feb-07	HOBART	DANI SAMUELS	NSW	26-May-88
Aust U18 (3 kg)	17.18	2-Dec-12	HOBART	TAYLAH SENGUL	NSW	3-Nov-95
Aust U16 (3 kg)	16.17	22-Oct-05	MELBOURNE	MARGARET SATUPAI	VIC	9-Jul-92
DISCUS THROW						
Aust Allcomers	69.78	6-Oct-85	CANBERRA	MARTINA OPITZ	GDR	12-Dec-60
Aust National	69.64	13-Aug-17	LONDON	DANI STEVENS	NSW	26-May-88
Aust U20	60.63	20-Aug-06	BEIJING	DANI SAMUELS	NSW	26-May-88
Aust U18	58.52	26-Nov-05	BRISBANE	DANI SAMUELS	NSW	26-May-88
Aust U16	53.24	28-Feb-97	MELBOURNE	KATRINA STEELE	NSW	2-Jul-81
HAMMER THROW						
Aust Allcomers	71.71	9-Sep-01	MELBOURNE	KAMILA SKOLIMOWSKA	POL	4-Nov-82
Aust National	71.12	6-Feb-03	ADELAIDE	BRONWYN EAGLES	NSW	23-Aug-80
Aust U20 (4 kg)	65.75	29-May-16	CAMPBELLTOWN	ALEXANDRA HULLEY	NSW	24-Jul-97
Aust U18 (3 kg)	71.14	6-Dec-14	ADELAIDE	ALEXANDRA HULLEY	NSW	24-Jul-97
Aust U16 (3 kg)	64.27	11-Oct-12	SYDNEY	ALEXANDRA HULLEY	NSW	24-Jul-97
JAVELIN THROW						
Aust Allcomers	68.92	11-Apr-18	MELBOURNE	KATHRYN MITCHELL	VIC	10-Jul-82
Aust National	68.92	11-Apr-18	MELBOURNE	KATHRYN MITCHELL	VIC	10-Jul-82
Aust U20	57.60	4-Apr-14	MELBOURNE	MACKENZIE LITTLE	NSW	22-Dec-96
Aust U18 (500 gr)	61.47	11-Jul-13	DONETSK	MACKENZIE LITTLE	NSW	22-Dec-96
Aust U16 (500 gr)	51.09	4-Dec-16	CANBERRA	ALEXANDRA ROBERTS	QLD	9-Apr-01
HEPTATHLON						
Aust Allcomers	6584	24-Sep-00	SYDNEY	DENISE LEWIS	GBR	27-Aug-72
Aust National	6695	28-Jan-90	AUCKLAND	JANE FLEMMING	VIC	14-Apr-65
Aust U20	5915	13-Apr-18	GOLD COAST	CELESTE MUCCI	VIC	11-Aug-99
COMBINED EVENT						
Aust U18	5650	24-Feb-85	BRISBANE	SHARON JAKLOFSKY	QLD	30-Sep-68
Aust U16	5484	23-Feb-91	SYDNEY	JANE JAMIESON	NSW	23-Jun-75
WOMEN - ROAD						
(Note: + = in route to loner distance)						
HALF MARATHON						
Aust Allcomers	69:00	4-Jul-10	GOLD COAST	LISA WEIGHTMAN	VIC	16-Jan-79
Aust National	67:48	10-Jan-00	TOKYO	KERRY N McCANN	NSW	2-May-67
MARATHON						
Aust Allcomers	2:23:14	24-Sep-00	SYDNEY	NOAKO TAKAHASHI	JPN	6-May-72

Aust National 10 km RR	2:22:36	22-Oct-06	CHICAGO	BENITA WILLIS	VIC	6-May-79
Aust National 100KM ROAD RACE	31.17	21-Feb-06	MANCHESTER	BENITA WILLIS	VIC	6-May-79
Aust Allcomers	7:40:58	18-Nov-95	KUROW	LINDA MEADOWS	VIC	10-Mar-59
Aust National 5KM RACE WALK	7:34:25	12-Sep-15	SPAIN	KRISTIN BULL	VIC	2-Aug-81
Aust U18	22:44	30-Jul-17	BRISBANE	KATIE HAYWARD	QLD	23-Jul-00
Aust U16 8KM RACE WALK	24:23	19-May-12	ALBERT PARK	JEMIMA MONTAG	VIC	15-Feb-98
Aust U18 10KM ACE WALK	39:15	24-May-92	MELBOURNE	JANE SAVILLE	NSW	5-Nov-74
Aust Allcomers	41:29.71	27-Aug-88	CANBERRA	KERRY SAXBY-JUNNA	NSW	2-Jun-61
Aust National	41:29.71	27-Aug-88	CANBERRA	KERRY SAXBY-JUNNA	NSW	2-Jun-61
Aust U20 20KM RACE WALK	45:10.0	27-Feb-97	MELBOURNE	NATALIE SAVILLE	NSW	7-Sep-78
Aust Allcomers	1:29:05	28-Sep-00	SYDNEY	LIPING WANG	CHN	8-Jul-76
Aust National 50KM RACE WALK	1:27:44	2-May-04	NAUMBURG	JANE SAVILLE	NSW	5-Nov-74
Aust Allcomers	n/c					
Aust National	4:09.33	5-May-18	TAICANG PRC	CLAIRE TALLENT	SA	6-Jul-81

ATHLETICS AUSTRALIA

MEN - INDOOR

EVENT	PERF.	DATE	VENUE	NAME	STATE	D.O.B.
60 METRES						
Aust National	6.52	7-Mar-99	JAPAN	MATTHEW SHIRVINGTON	NSW	25-Oct-78
200 METRES						
Aust National	20.71	12-Mar-93	TORONTO	DAMIEN MARSH	QLD	28-Mar-71
400 METRES						
Aust National	45.93	2-Mar-03	BIRMINGHAM	DANIEL BATMAN	ACT	20-Mar-81
800 METRES						
Aust National 880 yds	1:47.9	25-Jan-69	ALBUQUERQUE	RALPH DOUBELL	VIC	11-Feb-45
Aust National 800 mts	1:47.48	30-Jan-10	PENNSYLVANIA	RYAN FOSTER	TAS	26-Aug-88
1000 METRES						
Aust National	2:19.60	16-Jan-10	PENNSYLVANIA	RYAN FOSTER	TAS	26-Aug-88
1500 METRES						
Aust National	3:36.50	18-Feb-17	BIRMINGHAM	RYAN GREGSON	VIC	26-Apr-90
1 MILE						
Aust National	3:54.77	29-Jan-05	BOSTON	MARK FOUNTAIN	VIC	10-Mar-82
3000 METRES						
Aust National	7:34.50	26-Jan-08	BOSTON	CRAIG MOTTRAM	VIC	18-Jun-80
5000 METRES						
Aust National	13:36.41	12-Mar-10	FAYETTEVILLE	DAVID McNEILL	VIC	6-Oct-86
60M HURDLES						
Aust National	7.73	8-Mar-97	PARIS	KYLE VANDER KUYP	VIC	30-May-71
5000M WALK						
Aust National	18:52.20	8-Mar-87	INDIANAPOLIS	DAVID SMITH	VIC	24-Jul-55
4 X 200M RELAY						
Aust National	1:38.52	25-Mar-17	SOUTH KOREA	AUS-GIBBONS, WILCOX, PARKINSON, TELFER		
4 X 400M RELAY						
Aust National	3:08.49	10-Mar-91	SEVILLE	AUS - GARNER, GREENE, PERRY, ROBINSON		
4 X 800M RELAY						
Aust National	N/c					
HIGH JUMP						
Aust National	2.33	16-Feb-97	BALINGEN	TIM FORSYTH	VIC	17-Aug-73
POLE VAULT						
Aust National	6.06	7-Feb-09	BOSTON	STEVEN HOOKER	WA	16-Jul-82
LONG JUMP						
Aust National	8.25	20-Mar-16	PORTLAND USA	FABRICE LAPIERRE	NSW	17-Apr-83
TRIPLE JUMP						
Aust National	17.20	9-Mar-01	LISBON	ANDREW MURPHY	NSW	18-Dec-69

SHOT PUT						
Aust National	20.83	7-Mar-08	VALENCIA	SCOTT MARTIN	VIC	12-Oct-82
HEPTATHLON						
Aust National	4875 pts	8-Feb-15	SWEDEN	CAMERON CROWLEY	QLD	31-Aug-88
WOMEN - INDOOR						
60 METRES						
Aust National	7.30	7-Feb-09	BOSTON	SALLY McLELLAN	QLD	19-Sep-86
200 METRES						
Aust National	22.64	11-Mar-95	BARCELONA	MELINDA GAINSFORD	NSW	1-Oct-71
400 METRES						
Aust National	52.17	4-Mar-89	BUDAPEST	MAREE HOLLAND	NSW	25-Jul-63
800 METRES						
Aust National	2:01.85	7-Mar-08	VALENCIA	TAMSYN LEWIS	VIC	20-Jul-78
1000 METRES						
Aust National	2:39.47	18-Feb-17	BIRMINGHAM	ZOE BUCKMAM	VIC	21-Dec-88
1500 METRES						
Aust National	4:06.93	14-Feb-16	BOSTON	MELISSA DUNCAN	VIC	3-Mar-90
1 MILE						
Aust National	4:28.03	27-Jan-07	BOSTON	SARAH JAMIESON	VIC	24-Mar-75
3000 METRES						
Aust National	8:42.75	10-Mar-01	LISBON	BENITA WILLIS	QLD	6-May-79
5000 METRES						
Aust National	16:15.56	8-Mar-96	INDIANAPOLIS	KATIE SWORDS	QLD	14-Jan-76
60M HURDLES						
Aust National	7.73	10-Mar-12	ISTANBUL	SALLY PEARSON	QLD	19-Sep-86
3000M WALK						
Aust National	11:53.82	12-Mar-93	TORONTO	KERRY SAXBY-JUNNA	NSW	2-Jun-61
4 X 200M RELAY						
Aust National	1:42.34	18-Feb-17	IDAHO USA	VIC-MUCCI, ANDRWE, BOYLE, CAIRNS		
4 X 400M RELAY						
Aust National	3:26.87	7-Mar-99	JAPAN	AUS - ANDREWS, VAN HEER, LEWIS, FREEMAN		
4 X 800M RELAY						
Aust National	N/c					
HIGH JUMP						
Aust National	1.97	14-Mar-93	TORONTO	ALISON INVERARITY	WA	12-Aug-70
POLE VAULT						
Aust National	4.72	10-Feb-07	DONETSK	KYM HOWE	WA	12-Jun-80
LONG JUMP						
Aust National	6.81	12-Mar-95	BARCELONA	NICOLE BOEGMAN	NSW	5-Mar-67
TRIPLE JUMP						
Aust National	13.31	5-Mar-04	BUDAPEST	NICOLE MLADENIS	WA	22-Sep-75
SHOT PUT						
Aust National	16.71	Jan-85	PARIS	GAEL MARTIN	VIC	27-Aug-56
PENTATHLON						
Aust National	4490	5-Mar-99	JAPAN	JANE JAMIESON	NSW	23-Jun-75