



Raise the Bar Academy 2018

Are you an Aboriginal or Torres Strait Islander
Secondary School Student?

Are you in Year 10, 11 or 12 in 2017?

Do you love Athletics?

Are you passionate about sport?

Do you aspire to go to university?

YES, YES, YES

Then the Raise the Bar Academy is for you!



*Athletics
for the
Outback*



THE UNIVERSITY OF
MELBOURNE

What is Raise the Bar Academy?

For the fourth consecutive year, Athletics Australia and the University of Melbourne will come together to host the Raise the Bar Academy. RTBA is a pathway Academy for Australian Indigenous secondary school students (Years 10, 11 and 12) who aspire to participate in athletics and study at university.

As a senior Indigenous secondary school student...What's in it for me?

- Get on track to start the school year right
- Be inspired by peers just like you
- Meet new friends
- Learn from some of Australia's best athletes who are excelling in all areas of their lives, not just in the sports arena
- Find out how to pursue University education at Australia's leading academic and research institution, The University of Melbourne
- Train with the best in athletics

The Raise the Bar Academy will give you a great start to the school year by supporting you in your efforts to 'Raise the Bar' in every aspect of your life. This residential camp will help you elevate your ambitions to pursue a university degree and continue participating in athletics.

The FREE program, including air travel, ground transfers, accommodation and meals, consists of a four-day summer residence camp at the University of Melbourne, VIC, from **15-19 January, 2018**.

By participating in the program, RTBA participants will:

- Gain knowledge and skills in athletics - (track and field) as both an athlete and a coach
- Develop their community leadership potential and deepen their passion for athletics and sport
- Be inspired to successfully complete secondary school and pursue further education
- Gain knowledge and skills to pursue tertiary education pathways
- Be mentored by current Australian Olympians and elite athletes
- Connect with sports industry professionals
- Establish links with other students so they can share knowledge and experience
- Meet new friends
- Have fun

Raise the Bar Objectives

1. To inspire and develop the capacity of Aboriginal and Torres Strait Islander secondary school students to pursue lifelong participation in and enjoyment of athletics.
2. Expose Indigenous secondary school students to education pathways offered at the University of Melbourne.

Raise the Bar Vision

Raise the Bar participants will return to community determined to continue their education beyond secondary school; participate in athletics as a life-long pursuit; be proud about their cultural heritage and excited about their potential.

What will I experience at the Academy?

Athletics

Training sessions with some of Australia's elite track and field athletes

- The ABC's of Coaching Athletics
- Interact with sports industry professionals
- Excursion to the National Sports Museum at the MCG
- Yarning with Olympians
- Fundamentals of strength and conditioning
- Mentorship from elite athletes

University Pathways

- Pathway program information for indigenous students, presented by Murrup Barak
- Mentorship by current university student-athletes
- Accessing the Elite Athlete Program resources at the University
- Campus walking tour with current Melbourne University student-athletes
- Hands on educational experiences in various Melbourne University facilities

Key Selection Criteria

Up to 35 participants will be selected to attend the prestigious **Raise the Bar Academy**. Program participants must meet the selection criteria outlined below:

1. Identify as an Aboriginal or Torres Strait Islander
2. Be in Year 10, 11 or 12 in 2017
3. Be 15-19 years of age at 1 January, 2018
4. Demonstrated interest in pursuing further education beyond secondary school
5. Demonstrated community leadership skills
6. Demonstrated interest in the sport of athletics

We encourage applications from:

- Indigenous para-athletes and students with a disability
- Students who consider themselves from low socio-economic backgrounds or living in remote areas

Application Process

To participate in the 2017 Raise the Bar Academy, students must be nominated by a representative from their school or sports club. Applicants must complete and submit the application form on-line using the link below by **5:00PM (AEST) Thursday 26 October, 2017**.

Click here to apply: [Raise The Bar Application](#)

For further inquiries or to request a PDF application form via email or post, please contact Bridgid Junot

Indigenous Participation Coordinator, Athletics Australia

Email Address:

bridgid.junot@athletics.org.au

Phone: (03) 8646 4577

Athletics Australia

31 Aughtie Drive

ALBERT PARK VIC 3206

Frequently Asked Questions

Where is the Raise The Bar Academy held?

The Raise the Bar Academy is held at the University of Melbourne, in the heart of the city of Melbourne, VIC. Students will be housed at one of the University's on-campus residential colleges.

Who will pick me up from, and return me to Melbourne Airport?

Upon arrival in Melbourne, Raise the Bar Academy staff will meet you at a designated place at Melbourne Airport. Before you leave home, we will ensure that you understand how and where to meet designated staff. We will provide you with contact information to Academy staff in the case that your flight is delayed or if you have concerns during the commute. Once on the ground in Melbourne, we will assist you in collecting your luggage and transport you to the University. At the end of the camp, you will once again be transported by bus to the airport where program staff will assist you with check-in procedures and ensure that you find your departure gate in plenty of time for you to board your flight.

What adult-supervision is provided for my child?

Around-the-clock supervision will be provided to your child as soon as contact has been made with him/her upon arrival in Melbourne. Residence managers will be assigned to students for the duration of the Academy. All program staff have completed Working with Children background checks.

What type of student are we looking for?

We are looking for senior Indigenous Secondary School students who are passionate about athletics and determined to complete secondary school and have aspirations to pursue tertiary education.

When is the application deadline?

5pm Thursday October 26, 2017 (AEST)

When will I know if I get selected?

Applicants will be notified of the outcome of their application by the end of November, 2017.

I have already applied to RTBA in previous years but didn't get selected. Can I apply again this year?

Absolutely! You have to be in it to win it!

How do I apply?

You can apply by completing this online form: <https://www.surveymonkey.com/r/RTBA2018>
If you are having trouble using the online application, please contact the Coordinator (info below) for assistance.

Who can I speak to for more information?

Bridgid Junot
Indigenous Participation Coordinator
Phone: (03) 8646-4577
Email: bridgid.junot@athletics.org.au

Program Partners: About Us

Athletics Australia

Athletics Australia is the national governing body for the sport of athletics in Australia. Athletics Australia oversees delivery of the Athletics for the Outback program, which aims to support remote and regional communities in their efforts to manage and deliver athletics programs and events. At AA, we recognise that secondary school students are the next generation of sports industry experts whom we must support and cultivate in our efforts to grow the sport of athletics in Australia. Athletics Australia is based at Athletics House in the Melbourne suburb of Albert Park. Athletics Australia is a not-for-profit organisation.

Melbourne University Sport

Melbourne University Sport (MU Sport) is a semi-autonomous department of the University, reporting to the Provost and the Melbourne University Sport Board, and provides high-level policy, business and financial advice to the University on the development and management of sport and recreation.

Sport has a special significance for the University through the performance of sporting clubs, teams and high profile athletes that enhance the reputation of the University. The Vision for Sport is that the University of Melbourne is the leading Australian university in sporting performance, participation and quality of facilities.

The Elite Athlete Program at the University of Melbourne engages many elite and emerging student-athletes with various levels of support in their sporting and academic pathways. We are committed to assisting aspiring secondary school student-athletes in their ambitions to study at university and participate in the highest levels of their chosen sport.



*Athletics
for the
Outback*



THE UNIVERSITY OF
MELBOURNE